



THE BEACH
La RESERVA CLUB
SOTOGRADE

MENÚ DE HAMACA
SUNBED MENU

Hemos creado la selección perfecta de aperitivos, bocadillos y opciones para picar para disfrutar directamente en tu hamaca, que son deliciosos y fáciles de comer.

We've created the perfect selection of snacks and finger food to enjoy on your sunbed, which are delicious and easy to eat.

FRESCO Y SANO FRESH AND HEALTHY

POKE BOWL DE QUINOA - 21 ROJA Y SALMÓN O ATÚN O TOFU

RED QUINOA POKE BOWL WITH A CHOICE OF SALMON, TUNA OR TOFU

Con lechuga, aliño de sésamo, anacardos,
remolacha, aguacate, edamame.

With lettuce, sesame dressing, cashew nuts,
beetroot, avocado, edamame beans.



ENSALADA DEL HUERTO - 18 GARDEN SALAD

Mézclum de lechugas, espinacas baby, tomate de
temporada, zanahoria, maíz, cebolla morada,
pepino, nueces, AOVE, miel y mostaza.

Mixed lettuce leaves, baby spinach, locally grown
tomato, carrot, sweetcorn, red onion, cucumber,
walnuts, extra virgin olive oil, honey and mustard
dressing.



GUACAMOLE - 14 Y SUS NACHOS

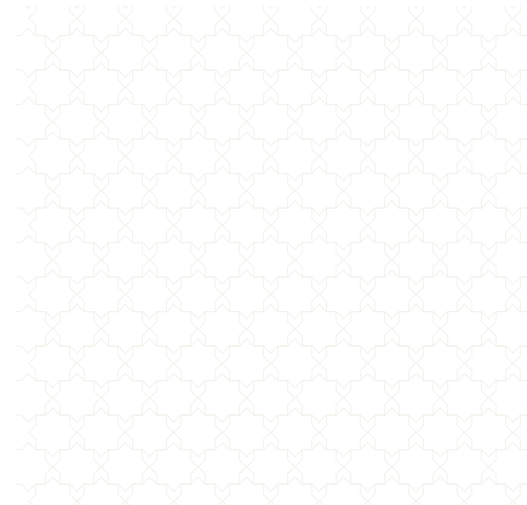
GUACAMOLE AND NACHOS

Nachos, guacamole, pico de gallo y crema agria.
Tortilla chips, guacamole, pico de gallo and sour
cream.



HUMMUS CON CRUDITÉS - 16 HUMMUS WITH CRUDITÉS

Hummus de garbanzos, crudités y pan de pita.
Chickpea hummus with crudites and pita bread.



SANDWICHES Y HAMBURGUESAS

SANDWICHES AND BURGERS

FOCACCIA CAPRESSE - 15

CAPRESSE FOCACCIA

Rellena de mozzarella, tomate, albahaca, aceitunas negras y pesto.

With mozzarella, tomato, basil, black olives and pesto filling.



FOCACCIA DE POLLO - 13

AL CURRY

CHICKEN CURRY FOCACCIA

Pollo al curry, manzana, almendras y lechuga.

With a chicken curry, apple, almond and lettuce filling.



GUARNICIONES · SIDES

PATATAS FRITAS FRENCH FRIES - 5

PATATAS FRITAS CON TRUFA Y PARMESANO - 7

TRUFFLE & PARMESAN FRENCH FRIES



BONIATOS FRITOS - 5

SWEET POTATO FRIES

HAMBURGUESA DE VACA - 17

BEEF BURGER

Pan brioche, smash burger, lechuga, tomate, pepinillos, queso cheddar y salsa burger.

Brioche bun, smash burger, lettuce, tomato, pickles, cheddar cheese and burger sauce.



HAMBURGUESA DE POLLO - 15

CHICKEN BURGER

Pan brioche, pollo crujiente, lechuga, tomate, queso cheddar y salsa burger.

Brioche bun, crispy chicken, lettuce, tomato, cheddar cheese and burger sauce.



HAMBURGUESA VEGETAL - 16

VEGGIE BURGER

Pan brioche, hamburguesa vegetal, lechuga, tomate, queso cheddar y salsa burger.

Brioche bun, veggie burger, lettuce, tomato, cheddar cheese and burger sauce.



SALSAS · SAUCES

KETCHUP - 1

MAYONESA - 1
MAYONNAISE

MOSTAZA - 1

ALIOLI AIOLI - 1

BARBACOA - 1

BARBECUE

PARA PICAR LIGHT BITES

CALAMARES A LA
ANDALUZA - 14
ANDALUSIAN STYLE
SQUID RINGS



CROQUETAS DE CECINA - 16
DE VACA
CURED BEEF CROQUETTES



LANGOSTINOS PANKO - 15
PANKO PRAWNS



PALOMITAS DE POLLO - 14
POPCORN CHICKEN



GYOZAS DE POLLO Y - 14
VERDURAS
CHICKEN AND VEGETABLE
GYOZAS



POSTRES DESSERTS

TARTA DE QUESO
Y FRUTOS ROJOS - 12
CHEESECAKE WITH
RED BERRIES



BROWNIE - 9



PLATO DE FRUTA TROPICAL - 24
TROPICAL FRUIT PLATTER



Crustáceos
Crustacean



Sésamo
Sesame



Frutos cáscara
Nuts



Gluten
Gluten



Huevo
Egg



Pescado
Fish



Moluscos
Shellfish



Mostaza
Mustard



Apio
Celery



Cacahuets
Peanuts



Lácteos
Milk



Sulfitos
Sulphite



Soja
Soya



Altramuces
Lupins